news

"Displacement: New Works" exhibition

Reporter

The Coburn Gallery at Ashland University is featuring the exhibition, "Displacement: New Works" by J. Leigh Garcia and Taryn McMahon from Aug. 26 through

Garcia and McMahon are both professors of print media at Kent State University. The pieces displayed at the Coburn Gallery explore displacement in two separate contexts. Garcia features the displacement and current political climate surrounding unauthorized Latinx immigrants in the United States, while McMahon investigates displacement of nature in urban communities.

Garcia explained how her ancestry has been the catalyst for her

"I am half Mexican and half Caucasian," Garcia said. "On my mother's side, I am a seventh-generation Texan and on my father's side, I am a second-generation Mexican American."

Working mainly in papermaking, printmaking and installation art, Garcia's works feature imagery that addresses the relationship

between Mexico and the United

"My grandparents came over the border undocumented in about the 1940's so I have always been interested in race relations between whites and Latinos, specifically Mexicans and Texans," Garcia

Alongside Garcia, McMahon features pieces inspired by her relationship with nature as a person who has lived her whole life in the

"I love nature, but I am always wondering what is nature, where is nature, and when I am having an

authentic experience with nature and these are a direct reflection of that," McMahon said.

McMahon's three largest pieces are backdrops that feature manipulated photos from the Cleveland Botanical Garden. She finds that the photos are an example of an artificial relationship.

"Botanical gardens are highly artificial spaces that attempt to recreate a real space," McMahon said.

Cynthia Petry, the director of the Coburn Gallery and professional instructor at Ashland University, encourages students, faculty, and the Ashland community as a whole

"Art plays a big role in how we see the world, the conflicts that are happening and the beauty in the world and artists are the voice," Petry said. "Their voice to get us to think of the issues and be the catalyst to make a change."

The Coburn Gallery is located within the Center for the Arts on Ashland University's campus. The gallery is open Monday through Friday from 10 a.m. to 5 p.m. and Saturday through Sunday from 12 p.m. to 4 p.m.







ALAYNA ROSS

Paperwork and Print piece titled "Snow Birds" by J. Leigh Garcia.

McMahon painted the blue sheets and Garcia named the pot "Los Coyotes."

Group X classes are back **MASON JONES**

Reporter

others.

For students who feel stressed out, bored or tired of doing the same thing over and over, it might be time for something new: Group X. Group X is a Monday through Friday group exercise class that ranges from cycling, yoga, karate and more. Group X is taught by various Ashland University students who have a passion for get-

"Group X is a really fun way to be active with people around you with a good support system with someone who can go to the gym with you and workout beside you," said Kritsa Chauvin, assistant director of recreational services

ting fit for that specific class and

want to express their passion with

programs. "Classes include the refit and zumba classes, which are dance-like exercises, yoga for relaxation, a core strengthening class and flexibility classes."

All of these classes are in the Ashland University Recreation Center and range from 45 minutes to an hour long. The zumba classes are taught by Maggie George and Sam Gross, the yoga classes are taught by Sydney Beavers and Maykahla Gain and the refit classes are taught by Olivia Lowery.

"Classes like these are a great way to get all that pent up stress out and become comfortable working out alongside peers. These types of classes are not for everybody, meaning that not everyone is comfortable working out in groups, but those who do enjoy being in those classes thrive," Chauvin said.

Not every student can abide with Group X's schedule. There is more than one class that involves the exercises of cycling or zumba, as they are the most common ones attended.

"I believe a student who is stressed out and needs to relieve some of that stress should certainly attend one of these classes so that they can really relax and spend time with their peers in an activity everyone can benefit from: getting fit," Chauvin said.

According to their website, personal trainers who have their certifications in ACSM, NASM and AFFA can contact the Rec for more information.

To learn more about the schedule and descriptions of the class, visit www.ashland.edu/rec.



Instructor Graham Hostetler helps his student with an exercise involving weights in his class Arms, Legs and Everything In-Between.

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While academics play a role in choosing which college to attend, students also take a look at the environment of the campus and what else there is to participate in during their time in school.

Ashland University combines a vast academic offering with a great environment, Campo said.

A great campus environment is often an aspect that plays an important role in a stu-

dent's decision of which college to attend. "On other campuses, when you meet with students and faculty, you didn't feel like they were as excited about what they were doing," Opel said. "But when I came here, it was just very apparent that everyone that was here just really wanted to be here."

This experience is something that Opel shares with her tour groups as she ends her tours with the reason why she chose Ashland University.

"I think at the end of the day, you want to be in an environment where everyone is excited about what they are doing. If they're not excited, then it is not going to make you excited. Being in that sort of environment allows you to grow as an individual," she said.

The recent ranking not only allows current students to reflect on what they find to be the greatest aspects of the university, but it also can help potential students to see what the university does best.

"[It] affirms that what we do is effective and helps student commitment," Campo

Students who are thinking of continuing

their academic career at AU can now see this ranking at https://www.princetonre-

midwestern and utilize it as a part of making their decision as well as coming to campus and touring.

"If you are someone that has thought about Ashland at all, come to campus, Opel said. "Particularly for Ashland, at least for me, it was one that I did not think about as much before I was here and realized what the environment felt like."



Ashland University makes "Best in the Midwest" among 157 other universities

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