"Team One" is underway at AU

@CassTolliver

On Sept. 11, 2017 Ashland University's athletic department declared that women's lacrosse will be added as a varsity intercollegiate sport for the 2018-2019 school year.

With that in place, an inaugural season is now underway for the AU women's lacrosse team, also known as Team One.

"I'm grateful to have the opportunity to play here on Team One at Ashland University and am very thankful to the athletic department along with Coach Williamson and Coach Smith for making this experience possible," junior midfielder Sofia Michael said.

With a newly formed team consisting of 17 girls, only 10 of them have had previous experience before joining the recent team at AU. "As a team, we have a lot of po-

tential and I am excited to see how the season goes," junior midfielder Renee Ruppert said. Michael and Ruppert both bring

a tremendous amount of experience to the field. They both started at a very young age with Michael playing since she was five years old and Ruppert since she was seven.

Michael and Ruppert are both transfers from Anne Arundel Community College in Maryland where they led their team to two NJCAA National Tournament



An AU women's lacrosse player tosses the ball around in the first practice.

Michael scored 107 goals and added 54 assists. Her freshman cam-

In two seasons in junior college, a lot of lacrosse experience is head coach Shaun Williamson. Williamson played lacrosse himself in

paign in which she had 51 goals,

Michael had a 96 shooting per-

centage, meaning she missed only

high school and college where he attended Lees-McRae and was a three-year starting attackman and letterwinner.

AU women's lacrosse players endure the weather during their first official practice in January.

"Those two players for instance are both juniors in college and All-Americans. Sofia was actually the National Female Athlete of the year for junior college last year," Williamson said. "We have a mixture of obviously new kids, but we have some talented kids, too. We have a good mixture."

However, this is not the first season that Williamson has started a women's lacrosse program from the ground-up. Ashland is his fourth stop in his 15 year head coaching career where each school he has coached has been a program-building project.

With that type of experience, Williamson is familiar with how first years of a program work and said that they are enjoyable to start.

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"I like that the women's lacrosse team here has created a positive environment where all of it's athletes are dedicated and want to improve," Michael said. "Being from Maryland, I'm thankful that this team has created a welcoming environment for both Renee and I."

Along with many other athletic teams at AU, the women's lacrosse team is playing a role in life lessons.

"Being on this team has taught me a lot about myself," Michael said. "I've realized I like helping others learn and understand this sport which I've come to love over my many years of playing."

With seven women having no prior experience in lacrosse, the experienced athletes have had to help throughout fall practice to teach the game to some of their teammates.

The Eagles still have a lot to learn but are looking forward to the challenge ahead of them as the spring season is right around the corner. "I think it's going to be a year

where we'll win some games, we'll lose some games," Williamson said. "It's going to be kind of an up and down year, but if we can finish somewhere around .500 I think that's great." With Williamson being in this

position with a newly formed program for the fourth time now, he realizes that the first season will not be all about wins and losses. Williamson is worried about developing his team and then form-

ing a recruiting base as the years

evolve so that he can build a suc-

cessful women's lacrosse program from the ground up. "I'm not really concerned about our record over all. I'm more concerned about how we develop and if we can continue to develop and do what we are doing right now,

then it will be a successful year,"

Williamson said. The women will begin their season at home on Feb. 23 as they host Notre Dame College at Ferguson Field at 1 p.m. The team will then embark on a four game road trip in March that will consist of games in Georgia (Shorter University), North Carolina (Mars Hill University), Illinois (McKendree University) and Missouri (Maryville

University). This first season of women's lacrosse at AU will be an exciting mark of history for women's athletics where a combination of experienced and inexperienced athletes will come together to kick off this inaugural season.

"I think this season is very important in defining the future of women's lacrosse here at Ashland University. As we move forward with our spring season, I'm excited to witness the progress we have made since the fall as we play the teams in our conference," Michael said. "This season has a lot of potential, and I'm glad that there is such a great group of girls that I am able to experience it with."

"This semester we are focusing

on changing habits, where as last

semester we focused on how you sit

in position in our chairs and things like that," Ho said. "This semester

we are focusing on more in-game

The team also has lifting through-

out the week as well as study tables

that are new as of the spring semes-

ter. The athletes are also held to a 2.0 GPA just like regular student-

athletes, although they are not of-

"I believe that the mentality of

going and working out and getting

that motivation just clears your

mind and makes you way better as

As far as practices go, Ho said

that on Sundays the team will

come together and review past

matches and learn from their mis-

takes and small details, which is

the equivalent to watching film like

After having the opportunity to

spend a semester together and be-

gin to know one another, the ath-

letes on the AU esports team are

coming together and are begin-

ning to build chemistry with one

The focus of course is always to

win, but in its first inaugural sea-

any other sports team.

another.

ficially NCAA athletes.

a player," Ho said.

habits."

Esports inaugural season looks promising at halfway point

ZACH READ

@zach_read20

The newly formed Ashland University Esports team kicked off their inaugural season in the fall of 2018 and have stayed busy ever

E-gamers flooded into AU looking for a chance to earn a spot to play video games competitively and have the opportunity to represent a university.

The athletes spent the first semester of their inaugural season getting to know their teammates on a personal level and on a gaming level. The esports team consists of five different teams in which each team plays and competes towards one game specifically.

Counter-Strike: Global Offensive is a team-based multiplayer firstperson shooting game and is one of the games that is featured in AU esports. AU's CS:GO team's first half of the season consisted of numerous leagues that they participate in such as the Collegiate Starleague. The CS:GO team held a record of 4-3 in the first season and are currently 1-0 in this season.

"In the first stage we went through we played teams in Ohio but now we are branching out and are playing other college teams around the east coast," AU freshman CS:GO player Seth Ho said.

This spring season the Eagles CS:GO team will play five matches and will have to try and qualify for the playoffs in which they would have a chance for a first place award of \$30,000.

Although the athletes mainly

compete online in esports, they still have the opportunity to travel to cities such as Columbus to com-

"We have travelled to a local Columbus event called Game Arena and won that event and played Akron esports and Penn State Univerweeks in which prize money is in-

"The qualifier tournament is 128 teams each time, you just sign up a few days before and you play that single elimination, 128 team bracket tournament," AU junior Fortnite player Alec Mueller said.

player collectible card video game, also saw great success in their first inaugural season. After dropping their first two matches, the Eagles won five in a row to qualify for regionals in which they saw a number of familiar foes.

The Hearthstone team consisting



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AU Fortnite player Alec Mueller concentrates during a match earlier this season.

sity along the way," Ho said. Another featured esports game at

AU is Fortnite, which is the widely known game in esports where there are teams of two that com-

pete head-to-head in each match. The Eagles Fortnite team competed in eight matches in the fall season and will have six matches in the spring season but also compete

in qualifier tournaments every two

Mueller said that you need to place in the top four to qualify for the Collegiate Starleague playoffs and in the first qualifier tournament Mueller and his teammate River Wheeler placed third and

"It's awesome so that we don't have to stress about it anymore,"

Mueller said. AU's Hearthstone team, a multiof freshman Maverick Duncan and sophomores Chase Carrico and Mason Savoia played in a few close series but were not able to qualify for the regional playoffs.

With having a full semester under their belts, AU head coach Josh Buchanan is implementing new

regiment to begin the spring sea-

son to add the disciplinary aspect

to his team.

son, the AU esports team is just getting started in what will hopefully be the strong foundation of a new program. "Our goals to are of course win

but there is also a lot of adjustment period," Ho said. "However, this season we are really starting to put the pieces together and are having a little bit more structure."